A NEW PRESCRIPTION for PAIN MEDICINE in the TRISTATE REGION

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have been a part of Mohave County, AZ healthcare for twenty-seven years. As the medical director of TriState Pain Institute (TSPI), I oversee clinics in Ft. Mohave and Lake Havasu City, and our administrative office in Southern Nevada. Our patients are spread throughout a large geographic region, many lacking economic resources, and seamless communication between providers and patients is often problematic. Recent legislation over the “Opioid Epidemic” has focused on a higher level of provider qualifications, accurate diagnosis, evidence based decision-making, compliance, and achieving the best outcomes possible. For over eight years, TSPI has evolved to meet these challenges. We are now initiating a new model for local pain management, expanding current services while offering local options for others previously unavailable.

We are a pain management provider in Mohave County committed to patient education leading to informed decisions, while delivering compassionate and appropriate healthcare. Board Certified in Neurosurgery and Pain Medicine by the Accreditation Council for Graduate Medical Education (ACGME) and American Board of Medical Specialties (ABMS), my perspective for treating pain is unique. After helping develop centers of excellence in Southern Nevada, including the Nevada Neurologic Institute and Foundation, two patient transfer centers, and the Sunrise Trauma Center, I am committed to raising the standard of care in the TriState region. To facilitate this, TSPI welcomes two additional physician providers, Drs. Jack Diep and Jaspreet Singh to the practice.

For information about TriState Pain Institute, our providers, and the services we offer, please visit our website. Not only will you find all the information you need about our background and philosophy, but you will have access to patient resources and informative articles to help guide you through your pain management journey.

If you ever have any questions or concerns, please don’t hesitate to contact our office and speak with one of our team members. Our goal has always been, and always will be, to help you return to a normal pain-free and productive lifestyle with ease.

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The addition of **Dr. Diep** will enable our Lake Havasu City office to be open five days a week. In addition to his anesthesia training, Dr. Diep has had extensive exposure to medical and interventional pain treatments during both his residency and subsequent fellowship in Cleveland, OH. The Cleveland Clinic was the first ACGME accredited pain medicine fellowship in the United States, and is now the largest, and one of the most prestigious, fellowships offered throughout North America. Along with many world-renowned faculty, Dr. Diep helped manage complex pain conditions referred from throughout the United States and the world. Of special interest was training in pain disorders at the Cleveland Clinic’s Center for Neurologic Restoration, where integrating multiple modalities and specialties to address pain related to neurologic disease is practiced. Dr. Diep now brings that broad expertise and state of the art training to the TriState region.

**Dr. Singh** is a physical medicine and rehabilitation specialist (physiatrist), well versed in providing alternatives to opioid management. His background in musculoskeletal medicine complements his training in pain management. As a physiatrist, Dr. Singh focuses on pain issues in patients with physical challenges, such as traumatic brain and spinal cord injuries, as well as amputations. Part of his ACGME accredited fellowship at the University of South Florida was also spent at the world-renowned H. Lee Moffitt Cancer Center in Tampa, FL. There Dr. Singh developed his interest in the treatment of cancer and other related pain. He was part of a multi-disciplinary program in headache, cranial and facial pain, along with members of the neurology, neurosurgery and behavioral health departments. Dr. Singh’s initial priorities will be to develop similar programs here.

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Integrative pain management encompassing anesthesia, PMR and neurosurgery is a new standard of excellence for Mohave County. Together with Drs. Diep and Singh, TSPI will develop an internal multi-disciplinary approach to address each individual’s unique pain complaints. Pain management will no longer focus on just symptoms, but underlying conditions as pain generators. Eventually, standardized treatment models for each will provide justification whenever authorizations for diagnostic testing and imaging are necessary. Comprehensive protocols for pain associated with cancer, neuropathy, primary and post-operative spine disorders, diffuse or focal joint disease, autonomic mediated conditions, amputations, etc., with the flexibility to address individual needs will be incorporated. Outcomes including, but not limited to, opioid use, numeric pain scores, functional improvement and so forth, will validate care and compliance.

We also plan to reach out to patients in remote locations, as well as the hospitals in close proximity. Many of the interventions we plan require a level of service outside an office model and should be performed in a hospital or surgery center. Primary care is the cornerstone of your healthcare, and we will be asking for input on how we can best help the primary care provider for each patient. Similar co-management with behavioral and mental health, other medical and surgical specialists, pharmacies, chiropractors and physical therapy, will be included. Ultimately, we hope to move beyond the “Opioid Crisis,” elevating the quality of pain management and overall healthcare thorough out Mohave County.

Thank you,

-YOUR PROVIDERS AT THE TRISTATE PAIN INSTITUTE

Jack Diep, MD
Benjamin H. Venger, MD FAANS/L
Jaspreet Singh, MD
Catherine Nevels, NP
Okey Oloegbunam NP

FORT MOHAVE
1510 E. Wagon Wheel Ln., Ste 110
Fort Mohave, AZ 86426

LAKE HAVASU CITY
1987 McCulloch Blvd. Ste. 101
Lake Havasu City, AZ 86403

928.788.3333
VISIT US ONLINE AT TSPAIN.COM